



**JUNIOR LIFEGUARD  
COVID SAFETY PLAN 2020**

# Why a Junior Lifeguard Program?

The gentle sea side hamlet of Saltaire has, throughout its hundred-year history, served as a haven in times of difficulty and strife for its residents. In our hundred-year history this village has sheltered and provided comfort for residents during storms, polio epidemics, and influenza in 1917 (our date of incorporation) and now during a worldwide pandemic.

The administration and Trustees are acutely aware of the critical need for our youth to socialize, and recreate for their emotional, developmental and psycho-social wellbeing. The Mayor, Administrator and Board of Trustees have worked alongside Chief Lifeguard Rich Wilde to develop programming aligned with CDC and state guidelines. We are happy to report that we have found the right balance to provide a fun, robust schedule in keeping with these guidelines.

## Conditions for Opening

*The Village of Saltaire has always strived to provide an exciting program*, meaningful relationships, days filled with fun, family and friends in our Saltaire environment. The health and safety of our program attendees and staff is our #1 priority this summer. The plans we have developed for this Junior Lifeguard Program take into consideration the CDC and Department of Health guidance. In this constantly changing pandemic environment we must be flexible so we that we can adapt and refine our offerings as needed, based upon the metrics that are constantly monitored by both local and state agencies and the Governor's office.

### **External Factors**

- Mitigation Efforts in local communities continue to result in declining cases, hospitalizations and metrics in all seven categories of New York Forward Plan.

### **Internal Controls**

- Staff are trained and prepared to operate under new guidelines and care for participants.
- Program areas and spaces are ready to support physical/social distancing, as required.
- Cleaning and Sanitizing operating procedures are in place and adequate supplies are available to properly execute.
- Adequate PPE supplies are available for all staff use.

### **Family and Community Commitment**

- Signed Waiver stating Parent understanding of COVID.
- Monitoring participants, family and staff health before entering event or program.
- Communicating openly with our residents regarding health concerns.
- Providing a single point of contact (COVID SAFETY CORDINATOR) for all questions and concerns.
- Follow all policies and procedures to support a healthy community.

# COVID WAIVER

The novel coronavirus, Covid-19, has been declared a worldwide pandemic by the WHO. Covid-19 is extremely contagious and is believed to spread from person to person contact. As a result, federal, state and local governments and health agencies required the wearing of face coverings and recommended social distancing and other measures and in some cases prohibited the congregation of groups of people. The Saltaire Recreation Program cannot guarantee that you or your child(ren) will not become infected with Covid-19 and participation in the Recreation Program could increase your risk of contracting Covid-19.

Parents/Guardians must acknowledge the contagious nature of Covid-19 and voluntarily assume the risk that I may be exposed to or infected by Covid-19 by participation; and that such exposure or infection may result in personal injury, illness, permanent disability, and death.

Parents/Guardians must voluntarily agree to assume all of the foregoing risks and accept sole responsibility for injury to myself or my child(ren) including, but not limited to, personal injury, disability, and death, illness, damage, loss, claim, liability, or expense, of any kind, that I may experience or incur in connection with my participation in the Recreation Program. On my behalf, and on behalf of my child(ren) I hereby release, covenant not to sue, discharge, and hold harmless the Saltaire Recreation Program and the Village of Saltaire, its employees, agents, and representatives, of an from the claims, including all liabilities, claims, actions, damages, costs or expenses based on the actions, omissions, or negligence of the Recreation Program, its employees, agents, and representatives, whether a Covid-19 infection occurs before, during, or after participation in the Recreation Program.

Parents/Guardians must agree that to the best of their ability my child will follow all camp safety guidelines laid out by the Recreation Program and will attempt to practice safe social distancing and clean and proper hygiene at all times during participation in the Summer Program. Failure to comply with the provided safety guidelines will result in your child's expulsion from the Recreation Program.

## Concepts to ensure safety

- Weekly groups will be consistent and never mixed.
- Most activities are outdoors-indoor activities require a mask or face covering.
- Teach and Reinforce Handwashing for Staff and Participants

- Stay Home When Sick.
- Clean & Disinfect Regularly.
- Staff Training.
- Screen Everyone Every Day.
- Limit Sharing of Supplies and Equipment.

## Group Size and Social Distancing

- Participants will be placed into participant groups (Cohorts) with assigned staff.
  - Maximum of 9 Participants Per Group.
  - Required staff to participant ratios to be maintained. We will adhere to all health department regulations regarding group size and staff ratios.
- Traffic Flow patterns will be created, and areas cordoned off to ensure that participants are separated from the public in areas that are not exclusively used by the Lifeguard Department
- When Groups (Cohorts) are in a shared space groups will be required to maintain social distance from one another (minimum 6 feet).
- All staff will maintain social distance (6 feet) from all groups (cohorts) AND wear appropriate face-covering as required.

## Arrival and Dismissal

- Families dropping off their children will be instructed upon arrival of a location proximal to the activity to queue prior to admission to the activity. Here the attendance will be taken as well as daily health screen and hands will be washed/sanitized.
- Parents must wear a face covering when dropping off or picking up a child.

## Face Coverings and Masks

- Face Coverings and masks will be worn as required by CDC guidelines and New York State Board of Health.
- Participants will not need to wear face-coverings when with their group (cohort) except:
  - In situations that may arise where six-foot separation cannot be avoided.
  - In any Inside Space
  - When participant is displaying Symptoms of COVID and is awaiting transport home or to a

medical facility.

- The Village of Saltaire will provide all staff with a microfiber neck gaiter which can be easily pulled over the mouth and nose as needed.
- All participants MUST bring a clean face-covering to activities every day. Parents may provide their participant with the face-covering of their choice.
- Group Staff and Specialty Staff will wear face coverings or masks as required by the Health Department.

## Testing and Screening

The Village of Saltaire reserves the right to require one or more of these Pre-season screening and testing protocols:

- Weekly Health questionnaire to evaluate status of health and contacts within the home, recent travel, assess risk factors
- Anyone who is sick with anything (even sniffles) should stay home.
- Anyone who stays home or has symptoms of an illness must be tested prior to returning to any activity.
- Participants who stay home will receive a 100% per day credit to a future summer or make-up day this summer (if available).
- Anyone who feels ill at an activity (with anything) should go home ASAP.

## Symptom Management

### *Symptoms of COVID-19*

- Cough.
- Fever.
- Shortness of Breath.
- Muscle Aches.
- Sore Throat.
- Unexplained loss of taste or smell.
- Diarrhea.
- Headache.
- Fatigue.

### *Basic First Aid and Symptom Identification Plan*

- Designated staff will monitor all health screening and identifying areas of concerns for staff and program attendees.
- All minor scrapes and physical injuries will be handled within the group by the assigned staff

- in that group. (band-aids or ice pack applied as indicated) Parents will be notified.
- Any injuries beyond minor, the parent will be called, and the parent has the option to take their child to Northwell Health clinic for treatment.
  - Only participants feeling ill will be seen in an adjacent alternative isolation area and a parent or guardian will be called
  - Children with fever or cold-like symptoms will be asked to wear a mask (if tolerated) and will be immediately isolated from the group in an isolation area. Parents will be contacted immediately to pick up their child. If symptoms are severe (difficulty breathing, poor color) **911 will be activated without delay.**
  - COVID Safety Coordinator, in conjunction with Lifeguard Director will communicate openly with all families and staff while maintaining the confidentiality of any ill individuals.

## What happens when a participant or staff member develops COVID-19 like symptoms while at an activity?

*Persons with possible COVID-19 symptoms will be directed to an isolation area where they will be further assessed and monitored by staff while awaiting transport home. Staff that self-transport who are physically able to will be sent home with instructions to confirm their arrival home via cellphone/telephone once they arrive. Parents/guardian will be notified.*

*Persons who have been sent home due to possible COVID-19 infection may return to an activity when they provide a negative test result and all symptoms have resolved or as per local health officials guidelines.*

## What happens if there is a COVID-19 Positive Diagnosis?

*If a participant or staff member reports they are COVID-19 positive, the Village of Saltaire will maintain the confidentiality of the individual at all times while mitigating the situation. The case will be reported to the Health Authorities and all families and staff of the individual's group will be notified immediately. All facilities that the individual came in contact with will be vacated, deep cleaned and disinfected per CDC guidelines. We expect all participants and staff who came in close contact with the infected individual will be required to quarantine at the direction of the local health authorities. Any persons classified as having proximate exposure would be required to self-monitor for symptoms for 14 days or as directed by the local health authorities.*

*The CDC defines **close contact** as interaction within 6 feet for more than 15 minutes. Contact tracing will be carried out by trained staff in conjunction with the Suffolk County Health Department.*

*A "**proximate exposure**" is defined as interactions greater than 6 feet from an infected individual within a shared space.*

- Persons who test positive for COVID-19 will need to be isolated for a minimum of 10 days under the direction of the local health authorities.
- Childhood Inflammatory Disease Related to COVID-19 - We are aware that New York State Department of Health is investigating some rare cases of children experiencing symptoms

similar to Kawasaki disease and toxic shock-like syndrome which may possibly be related to COVID-19. For more information parents should follow CDC updates: <https://emergency.cdc.gov/han/2020/han00432.asp>

- Missed Activities - For missed days due to mandated quarantine due to positive test or close contact with an infected person, a participant's family will receive a 100% refund.

## Program and Activities

- Our Lifeguard Director has been working hard planning ways to reinvent some of our favorite Saltaire program so we can keep them this summer.
- Hand washing and Hand Sanitizing before and after each activity - extra time between periods.
- One group per activity space.
- Outdoor sports will be allowed along with skill building and drills taught by certified lifeguards.
- Limit Sharing of Supplies and Equipment; shared Balls and equipment will be cleaned and disinfected after each group use; Commonly touched surfaces, tables, benches, etc. will be wiped down after each activity period.
- Staff members will increase spacing and physical distancing with participants when possible.

## Swimming

We understand that swimming is a favorite activity of many participants and an important part of the day. There is no current evidence that COVID-19 can be spread to people through the water in a pool or water play areas.

- Instruction and Free Swim each day. We will be offering daily instruction
- Dedicated swim areas for each group that will be cordoned off from the public beach areas.
- Consistent Lifeguards and Swim instructors assigned to each group.

## Cleaning & Disinfecting / Handwashing

- Fogging units utilizing a botanical non-toxic disinfectant (Bioesque) <https://www.americanchemistry.com/Novel-Coronavirus-Fighting-Products-List.pdf> which has been proven effective on viruses and can be found on EPA list N as an approved disinfecting agent. Bioesque (see SDS here: [https://bioesquesolutions.com/sds/Bioesque\\_Botanical\\_Disinfectant\\_Solution\\_SDS\\_18.pdf](https://bioesquesolutions.com/sds/Bioesque_Botanical_Disinfectant_Solution_SDS_18.pdf)) will be used daily on all appropriate activity items, high touch areas in between sessions, and in facilities.
- A professional cleaning company has been engaged to clean facilities. In addition, staff will regularly wipe down high touch areas as needed.
- Hand Sanitizer readily available at all locations.
- Hand washing facilities throughout village will be clearly identified to staff for Lifeguard use.
- Staff to be trained on and will supervise participants to ensure that proper handwashing procedures and hand sanitizers are used liberally.
- Use of EPA approved soaps and hand sanitizers. GoJo: <https://images.salsify.com/image/upload/s--p7DinSOw--/xy7fo8zqzflvkh7gcsu.pdf>  
Purell: <https://images.salsify.com/image/upload/s--p7DinSOw--/xy7fo8zqzflvkh7gcsu.pdf>
- Cleaning and Disinfecting Schedule and Routine to be Logged by Staff.

## Rainy Day, Field Trips & Visiting

**Rainy Day** – If light rain is in the forecast we will press on. If very stormy conditions are predicted, we CANCEL activities within the storm period.

**Field Trips** - All field trips will be canceled.

**Hot Days** - Occasionally, a summer day brings unseasonably hot weather. Our course of action includes: scaling down activities so that the children aren't overexerted, iced water will be provided in single use disposable cups.

### Visiting/ special pick-ups

- No Outside Staff Visiting, no Lifeguard staff visiting other groups during session.
- No Non-essential outside vendors – anybody who comes into an activity will be required to wear masks. Repair personnel must also maintain a 12-foot distance from participants and Lifeguard staff.
- Sick participants or participants will be held in an isolation area away from the other participants awaiting parent pick-up. Parents will receive instructions on where to report to

retrieve sick child.

## **Program and Parent Orientation**

- Communication - All Parents and Guardians will provide accurate and updated contact information on League Apps when they register.

## **Required Forms**

- Waivers at registration
- Weekly Statement of Health
- Personal Information (online).